

PE and School Sport Action Plan

Woodford Primary School 2023–2024

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled. **Key Indicators -** The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

- 1. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 2. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 3. The profile of PE and sport is raised across the school as a tool for whole-school improvement
- 3. The engagement of all pupils in regular physical activity the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- 4. Increased confidence, knowledge and skills of all staff in teaching PE and sport
- 5. Broader experience of a range of sports and activities offered to all pupils with increased participation in competitive sport

Funding - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

| The total funding for the academic year | 2023/2024 | Funding received – £19,710 |
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| Lead Member of Staff – R. Mitchell | 2023/2024 | Governor responsible – WeST HAB |

Updated – Jan 2024

| Key achievements to date: 2022- 2023 |
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Areas for further improvement and baseline evidence of need: 2023 – 2024

 Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of gymnastics, dance and other areas of PE through the deployment of regular sessions.

Emotional resilience day delivered in the outdoors to support children in developing their confidence and self-esteem.

64 playground leaders trained to deliver games for peers in breaktimes and lunch times

- Attended West and City competitions to increase the number of children taking part in competitions. This was a minimum of one per half term.
- Gold Games Mark achieved in '22/23

- Year 6 children will access First aid on the outdoors.
- All children will extend their knowledge of outdoor learning through regular wild tribe sessions.
- Specialist sports coaches and PE teachers employed to upskill teachers in the teaching of gymnastics, dance, games and other areas of PE through the deployment of regular sessions.
- To continue to develop after school's club and lunch sports clubs
- To upskill the PE subject leader through support and training in PE subject leadership, through the delivery of a PE impact day
- Playground leaders' day delivered to improve playtimes across the school.
- To attend WEST competitions and Plymouth City competitions to increase the number of children taking part in competitions. These will be a minimum of one per half term.
- Absolute Education to continue to be used as a participation monitoring tool to track participation on after school clubs, lunch time clubs and competitions.
- To apply for the gold games mark award for '23/24

Key Indicator 1: Increased confidence, knowledge and skills of all staff in teaching PE and sport

| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps | |
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| A broad and balanced PE curriculum with engagement in various levels of competition. Book meeting with ARENA PE Specialist Teacher to work on PE Development Plans and School Games Action Plans. | Arena costs for coaches | PE Development Plan to be created in Term 1. School Games Action Plan to be created in Term 2 (as new criteria released in November). Both plans to be reviewed part way through the year. | Working with a specialist to identify strengths and weaknesses enables us to set targets to improve PE across the school. The School Games action plan will allow us to set achievable targets to help us to maintain and surpass the criteria for the Gold School Games Mark. | |
| Employ ARENA and PAFC to work alongside staff in lessons as bespoke CPD. | £3040 x 2 = £6,080 | Following work with an external coach, all teachers asked to complete and observation form and feedback to evaluate staff confidence in their delivery. | Staff confidence to increase as a result of working alongside specialist coaches. Resources and knowledge will benefit future classes. | |
| Wild tribe outdoor learning conference 1 member of staff to attend, sustainability and climate change themed conference. March 2024 | | Staff more confident in teaching outdoor learning and gaining new ideas linked to the curriculum. | Next Steps Build into future inset training whole school training in PE and school sport. Continue to support the development of subject leadership in pe and outdoor learning whole school. | |
| Employment of a specialist teacher to upskill staff in the delivery of outdoor learning (Wild Tribe). | £8999 | Specialist teachers used as role models to target pupil groups. More children encouraged to attend after school clubs | Sustainability Staff to deliver inset training to cascade key elements to whole school. Opportunities created for PE knowledge to be shared whole school. | |

| Links developed with a professional football club and specialist coaches to deliver multi skills and games. – Plymouth Argyle | £175 | Five teaching staff upskilled as a result of specialist support. Subject leader upskilled in the delivery of PE and leading the subject whole school. | Next Steps Baseline being established for future years on assessment in PE. |
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| Subject leader to develop skills in the monitoring and delivery of the PE Plan and to undertake a deep dive in PE Impact and evidence day to ensure the monitoring of the PE plan | £100 | All documents produced for PE are up to date and have been implemented. Impact and evidence has been monitored. | Sustainability Staff upskilled in at least one area of PE during the year. Staff feeling competent and confident to continue to deliver the area of PE they received the support in. Staff upskilled in outdoor learning through the development of earth tribe and the outdoor subject leader programme. |
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Key Indicator 2: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical Activity

| Development of leadership skills through sports leader's programme. Playleader Training through ARENA. | n house | | |
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| Use Personal Challenges to impact activity at lunch times. | 225 | Playleaders training will be completed by ARENA for 60 children. A rota for Playleaders will be established following their training and the leaders deployed to deliver personal challenge events. Data from | Sustainability Our affiliation with ARENA will mean that we are able to continue to access sport leaders training and help young people to develop their leadership skills as well as impacting other children's' activity levels. |
| Inspire a culture of participation and enjoyment from being physically active. To continue to use the absolute education participation monitoring tool to ensure it is known how many children are participating in 30 active minutes and in after school clubs and competitions. | 270 | personal challenges will be collected and success celebrated in assemblies. Arrange one week of physical activities to engage, inspire and motivate children to participate in regular physical activity. Book a variety of external activities and coaches for each Year group. Use of this tool has supported the subject leader in identifying which children are attending clubs and where to give targeted support. | Ensure there is a 3 year plan in place to continually update, maintain and improve the playground area. Encourage the children to develop their own games and activities to promote positive playgrounds. Evidence collected through photographs and student voice surveys to determine which areas were most enjoyable. Ensure there is a rotation of activities to continue to engage the children. Review active maths programme |

All children in Y5 able to ride a Bike £175 Assessment and feedback competently and safely on the street. provided by the Bikeability instructors following the training. Children's survey to be completed before and after the training the establish whether this has an impact on active travel. 84 Y6 children received this in October 2022. Y5 booked in for July 2024. Registers to be maintained Increasing activity levels across the school. and number of miles Register for the Schools Challenge through the PSSP. recorded. Success To implement a lunchtime club change for celebrated and reported to life parents. Register to be maintained to track engagement levels. PE Coordinator to maintain an Activity Tracker to monitor participation across the school. End of unit PE assessment to be used to track children requiring intervention.

Ensure there is a rotation of activities to ensure engagement of children.

Next steps

To continue to use participation monitoring tool to identify children who are in active and may need interventions.

Our continued affiliation with the PSSP will mean that we are able to access this training annually, providing as many children as possible with the opportunity to develop a life skill.

The final mile being completed on the Hoe in-front of family/ friends encourages more children to take part and develops a passion for being physically active.

Providing targeted children with the opportunity to take part in a relaxed and fun running event will hopefully lead to further engagement.

| Key Indicator 3: The | e profile of PE and sport being | g raised across the school as a tool fo | r whole school improvement |
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| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps |
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| Book release time for PE Coordinator in order to complete PE admin/ book events/ complete risk assessments/ trip admin/write development plans/ collate all evidence needed for the School Games Mark. Book release time for wider school staff to attend events. | In house costs | . Number of events attended are monitored by PE Coordinators Activity Tracker. Targets to achieve should culminate in our award of the Gold School Games Mark again this year. | Next Steps Time to track participation and coordinate events accordingly will mean that more children are offered the opportunity to participate/compete. Meeting criteria and collecting evidence for the Gold School Games Mark means that there are increased numbers engaging in extracurricular clubs/ increased numbers involved in leadership/ increased number of competitive events. |
| Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards. Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. – With a sports award given every half term. | In house costs | Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils. | |

| Children provided with better equipment in PE lessons to help them develop skills Undertake equipment audit. Purchase and update equipment to be used in PE lessons. Ensure equipment is well maintained. | £1000 | Staff surveys to be conducted to establish any requirement for replacement equipment or additional resources. Gym mats to be purchased to ensure they are fit for purpose and safe. | Purchasing high quality resources and equipment will ensure that children now and in the future years benefit. |
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Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils

| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps |
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| 3 clubs delivered by Arena 36 weeks of the year. Multi skills, basketball, gymnastics | £3420 | Club registers to be maintained and participation levels monitored by the PE Coordinator via the Activity Tracker. Clubs costs passed on to parents to make this more sustainable. | Next Steps Continue to broaden the range of alternative sports delivered. Wider range of opportunities will continue to be offered to engage disengaged pupils. Needs of target groups continue to be addressed. |
| Lunch club delivered to increase participation of children in a structured lunch time activity and promote healthy active lifestyles. 36 weeks of the club | £315 | By providing a diverse range of activities, it is hoped that we will engage as many children as possible and instil an enjoyment of leading physically active lifestyles. As a result of accessing clubs in school, signposting can and has occurred and has led to | Sustainability To ensure healthy and well being of staff and pupils remains a focus and programmes are implemented to support these Next Steps |

| | children participating in various clubs outside of | To ensure equipment is logged and monitored and is accessible for use to |
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| Emotional resilience day delivered in the outdoors to support children in developing | school. Cost of clubs for parents reinvested into the club programme. | support all areas of the curriculum. To ensure a sustainable transport plan is in place for the woodland skills centre. |
| their confidence and self esteem | | Next Steps - To look at developing further community links with local sports clubs in the next academic year. |
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Key Indicator 5: Increased participation in competitive sport

| Intended Actions with impact on children | Funding allocated | Evidence and impact | Sustainability and next steps |
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| To compete in the MAT competitions to ensure children to access high quality competitions. | Arena membership. | Competition has taken place this year with a MAT | Next Steps To try to increase the increase of the number of children taking part in |
| PAFC Football competitions | PAFC partnership | Competition and WEST MAT data: | competition in the next academic year |
| West Country competitions package x 6 events | ARENA membership | Autumn – 12/10/23 – 5/6 Boys Football event 9/10/23 – 5/6 Girls Cluster League | |
| Transport to top up swimming events and competitions | In house costs | 16/10/23 – 5/6 Girls Cluster League Final 19/10/23 – 5/6 Girls Football event 30/11/23 – Touch Rugby event 5/12/23 – 5/6 Mixed Football event | |
| Kwik cricket competition Investigate entry into open level 2 competitions. To attend the Panathalon challenges to support children with SEND | Arena membership | Spring term – 18/1/24 – KS1 Gymnastics festival 22/1/24 – Y3/4 Cluster League 5/2/24 – Y3/4 Cluster League Finals 24/1/24 – 5/6 Bee Netball event 19/2/24 – 5/6 Girls Regional Finals 22/2/24 – 5/6 Basketball event 28/2/24 – Panathlon SEND event 4/3/24 – KS2 Swimming Gala 7/3/24 – Y3/4 Sports Hall Athletics 14/3/24 – KS2 Cross-country | Next Steps To apply for school games mark in the next academic year and ensure all data is completed. |
| To apply for school games mark and aim to retain the gold award achieved on '23/24 using the ab ed data to support our application. | | 21/3/24 – Y5/6 Sports Hall Athletics Summer Term - | |

| Top up Swimming programme to support an increase in the number of Year 5/6 who can swim 25m. | Top up swim £154 | Swimming has taken place for year 6. | Sustainability Swimming continues to be funded from the core school budget. |
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| Less able children have access to a qualified swimming teacher to improve the number of children who can swim. | | | Next Steps To ensure children in year 5 and 6 have access to swimming opportunities in the next academic year. 100% of Year 6's to be able to swim 25 metres. |
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| Meeting national curriculum rec | uirements for swi | mming and water safe | ety | | Please complete all of the below: |
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| What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres? | | | | | |
| What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke? | | | | | |
| What percentage of your current year 6 cohort are able to perform safe self-rescue in different water based situations? | | | | | |
| If your schools swimming data is below national expectation, you can choose to use the Primary PE and sport premium to provide top up sessions for those pupils that did not meet National curriculum requirements after the completion of core lessons. Have you done this? | | | | Yes/NO | |
| Have you provided CPD to improve the knowledge and confidence of staff to be able to teach swimming and water safety? | | | | Yes/NO | |
| Total funding – | Total funding sp | ent to date – £19,309 | To | Total funding to be allocated – | |