

Woodford PE Curriculum Map

Indoor

Outdoor (May be
indoor in KS1)

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Foundation	EYFS Gymnastics 1	Dance – Under the Sea	EYFS Gymnastics 2	Dance – Fairy Tales	Fundamental Athletics 1	Fundamental Athletics 2
	EYFS Fundamentals	EYFS Fundamentals 2	EYFS Games 1	EYFS Games 2	OAA	Striking and Fielding
Year 1	KS1 Fundamentals	Dance – Animals	Gymnastics – Basic Skills	Dance - Dinosaurs	Gymnastics – Travelling with jumping and landing	KS1 Athletics 2
	Key Stage 1 Games 1	Key Stage 1 Games 2	KS1 Net and Wall	OAA	KS1 Athletics 1	KS1 Striking and Fielding
Year 2	Gymnastics – Stretching and Curling	Gymnastics – Travelling with jumping and landing	Gymnastics – Direction and Pathways	Dance – Celebrations/ Antarctica	OAA	KS1 Striking and Fielding
	Key Stage 1 Games 3	Net and Wall / Tennis	Key Stage 1 Games 4	Football	KS1 Athletics 1	KS1 Athletics 2

Year 3	Gymnastics - Flight	Handball	Gym unit	Dance - Romans	Dodgeball/ Benchball	OAA
	Basketball	Football	Hockey	Tag Rugby	Striking and Fielding	Athletics 3
Year 4	Gymnastics – Asymmetry/Symmetry	Benchball / Handball	OAA	Swimming	Dance Unit	Gym unit
	Netball	Basketball	Football	Hockey	Striking and Fielding	Athletics 4
Year 5	Gymnastics – Partner sequences	Dance – Egyptians	Dodgeball / Benchball	Handball	OAA	Fitness & Circuits
	Tag Rugby	Netball	Tennis	Football	Striking and Fielding	Athletics 5
Year 6	Gymnastics – Counter balance	Dance - WW2	Dodgeball / Handball	OAA	Fitness & Circuits	Benchball
	Basketball	Hockey	Tennis	Tag Rugby	Striking and Fielding	Athletics 6