

Top Tips for SUPERSTAR Learning



Try to follow a timetable each day, making sure you give yourself brain breaks, time for food and exercise, whilst also having some non-screen time.



Stay Motivated

Be a Self-Regulated Learner!

What goals am I aiming for?

What part of those goals have I met?

What do I need to do to meet the rest of the goals?

Take action!



Try to be an independent learner by watching the teaching videos and using your knowledge to complete tasks set. It is fine to ask for help, but try to have a go first.



Sometimes tasks may seem difficult or tricky. Your perseverance and resilience skills are important tools to use to help you keep going and not give up. Your hard work will pay off!



Make sure you spend time talking with your family at home. Sharing your feelings with each other is important. Ask questions and support each other.

Remember:

Always try your best. We are proud of you.

Remember to be a reflective learner.

Evaluate your work and use any feedback to improve your learning.

Reach for the stars!

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Challenge yourselves! Set yourself targets and aim high with all your learning. Be proud of what you can achieve.

